|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **WEEK 1****29th Aug****26th Sept 24th Oct****21st Nov****19th Dec****16th Jan** | **Spaghetti Bolognaise *or*****Margherita Pizza****Crusty bread****Sweetcorn Salsa****Potato Salad****Raspberry Ripple Ice Cream & Watermelon Chunks** | **Roast Loin of Pork *or*** **Salmon Tails****Traditional Stuffing/Gravy****Carrot & Parsnip and Broccoli Florets****Oven Dry Roast & Mashed Potato** **Popcorn Cookies with Pear Slices & Black Grapes** | **Breast of Chicken Curry with Boiled Rice & Naan Bread *or*****BBQ Chicken Panini****Tossed Salad & Coleslaw****Garden Peas****Chocolate & Pear Sponge with Custard** | **Chicken Goujons*****or*****Chicken Stir Fry****Sweetcorn & Red Pepper****Baked Beans****Frozen Smoothies & Fresh Fruit** | **Fish Fingers or****Burger in a Bap****Tossed Salad****Baked Beans****Chipped Potato/Baked Potato****Fresh Fruit Selection & Yoghurts** |
| **WEEK 2****5th Sept 3rd Oct****31st Oct****28th Nov****26th Dec****23rd Jan** | **Oven Baked Sausages *or*****Homemade Chilli Chicken****Savoury Noodles****Baked Beans/Tossed Salad****Mashed Potatoes****Arctic Roll with Sliced Peaches** | **Breaded Fish Fillets*****or*****Lasagne & Crusty bread****Sweetcorn & Peas/ Asian Slaw****Mashed Potato****Pineapple Chunks** **Frozen Yoghurt** | **Chicken Tikka with Boiled Rice & Naan Bread, Garden Peas *or* Chicken & Cheese Panini****Garden Peas****Baked Potato****Tossed Salad****Apple Sponge & Custard** | **Roast Breast of Chicken *or*****Salmon Tails****Traditional Stuffing/Gravy****Savoy cabbage/Diced Carrots****Oven Roast Dry & Mashed Potato****Chocolate Brownie with Raspberry Milkshake** | **Steak Burger & Bap*****or*****French Bread Pizza****Chipped/Baked Potato****Tossed Salad****Coleslaw** **Flakemeal Biscuit & Fruit Chunks** |
| **WEEK 3****12th Sept 10th Oct****7th Nov****5th Dec****2nd Jan****30th Jan** | **Breast of Chicken Curry & Rice, Naan Bread,Garden Peas*****or*** **Filled Baked Potatoes****Salad Selection****Frozen Yoghurt & Fresh Fruit Selection** | **Fish Fingers *or*****Irish Stew & Wheaten Bread****Baked Beans/Sweetcorn****Mashed Potato****Tossed Salad****Swiss Roll filled with Yoghurt and Fruit**  | **Breaded Chicken Goujons *or* Spicy Chicken in a Warm Tortilla Wrap****Pasta Salad****Sweetcorn,****Homemade Chilli Wedges****Vanilla Ice Cream, Pears, & Chocolate Sauce** | **Roast Gammon *or*****Salmon Tails****Traditional Stuffing, Gravy****Baton Carrots/Broccoli** **Oven Dry Roast & Mashed Potatoes****Rice Pudding and Melody of Fruit** | **Steak Burger with Bap *or* VegetablePasta Bake****Tossed Salad/Coleslaw****Chips****Baked Potato****Flakemeal Biscuits & Fresh Fruit Chunks** |
| **WEEK 4****19th Sept****17th Oct****14th Nov****12th Dec****9th Jan****6th Feb** | **Spaghetti Bolognaise with Crusty Bread*****or* Tuna & Sweetcorn Wrap****½ Baked Potato with Cheese****Tossed Salad****Honey Dew Melon Wedges and Ginger Cookie**  | **BUFFET:****Selection of Sandwiches****(Chicken/Cheese/Tuna)****Fish Bite****Pizza Fingers****Cocktail Sausages****Carrot Sticks****Fruit Muffin & Milkshake** | **Breast of Chicken Curry with Boiled Rice & Naan Bread, Garden Peas or** **Savoury Mince****Garden Peas****Mashed Potato****Fruit Crumble & Custard** | **Roast Beef *or*****Salmon Tails** **Traditional Stuffing/Gravy****Cauliflower Cheese****Fresh Diced Carrots****Oven Dry Roast & Mashed Potato****Chocolate Brownie and Banana chunk** | **Breaded Chicken Bites *or* Chicken and Cheese Panini****Baked Beans****Chipped/Baked Potato****Tossed Salad/Coleslaw****Jelly, Ice Cream & Fresh Fruit** |



**St. Mary’s P.S. Glenview**

**

***Menu choices will be subject to canteen deliveries.*** **

***If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form***

***Breads***

***Milk, Water***

***A Choice of Fresh Fruit & Yoghurt***

 ***Available Daily***