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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **WEEK 1**  **29th Aug**  **26th Sept 24th Oct**  **21st Nov**  **19th Dec**  **16th Jan** | **Spaghetti Bolognaise *or***  **Margherita Pizza**  **Crusty bread**  **Sweetcorn Salsa**  **Potato Salad**  **Raspberry Ripple Ice Cream & Watermelon Chunks** | **Roast Loin of Pork *or***  **Salmon Tails**  **Traditional Stuffing/Gravy**  **Carrot & Parsnip and Broccoli Florets**  **Oven Dry Roast & Mashed Potato**  **Popcorn Cookies with Pear Slices & Black Grapes** | **Breast of Chicken Curry with Boiled Rice & Naan Bread *or***  **BBQ Chicken Panini**  **Tossed Salad & Coleslaw**  **Garden Peas**  **Chocolate & Pear Sponge with Custard** | **Chicken Goujons**  ***or***  **Chicken Stir Fry**  **Sweetcorn & Red Pepper**  **Baked Beans**  **Frozen Smoothies & Fresh Fruit** | **Fish Fingers or**  **Burger in a Bap**  **Tossed Salad**  **Baked Beans**  **Chipped Potato/Baked Potato**  **Fresh Fruit Selection & Yoghurts** |
| **WEEK 2**  **5th Sept 3rd Oct**  **31st Oct**  **28th Nov**  **26th Dec**  **23rd Jan** | **Oven Baked Sausages *or***  **Homemade Chilli Chicken**  **Savoury Noodles**  **Baked Beans/Tossed Salad**  **Mashed Potatoes**  **Arctic Roll with Sliced Peaches** | **Breaded Fish Fillets**  ***or***  **Lasagne & Crusty bread**  **Sweetcorn & Peas/ Asian Slaw**  **Mashed Potato**  **Pineapple Chunks**  **Frozen Yoghurt** | **Chicken Tikka with Boiled Rice & Naan Bread, Garden Peas *or* Chicken & Cheese Panini**  **Garden Peas**  **Baked Potato**  **Tossed Salad**  **Apple Sponge & Custard** | **Roast Breast of Chicken *or***  **Salmon Tails**  **Traditional Stuffing/Gravy**  **Savoy cabbage/Diced Carrots**  **Oven Roast Dry & Mashed Potato**  **Chocolate Brownie with Raspberry Milkshake** | **Steak Burger & Bap**  ***or***  **French Bread Pizza**  **Chipped/Baked Potato**  **Tossed Salad**  **Coleslaw**  **Flakemeal Biscuit & Fruit Chunks** |
| **WEEK 3**  **12th Sept 10th Oct**  **7th Nov**  **5th Dec**  **2nd Jan**  **30th Jan** | **Breast of Chicken Curry & Rice, Naan Bread,Garden Peas**  ***or***  **Filled Baked Potatoes**  **Salad Selection**  **Frozen Yoghurt & Fresh Fruit Selection** | **Fish Fingers *or***  **Irish Stew & Wheaten Bread**  **Baked Beans/Sweetcorn**  **Mashed Potato**  **Tossed Salad**  **Swiss Roll filled with Yoghurt and Fruit** | **Breaded Chicken Goujons *or* Spicy Chicken in a Warm Tortilla Wrap**  **Pasta Salad**  **Sweetcorn,**  **Homemade Chilli Wedges**  **Vanilla Ice Cream, Pears, & Chocolate Sauce** | **Roast Gammon *or***  **Salmon Tails**  **Traditional Stuffing, Gravy**  **Baton Carrots/Broccoli**  **Oven Dry Roast & Mashed Potatoes**  **Rice Pudding and Melody of Fruit** | **Steak Burger with Bap *or* VegetablePasta Bake**  **Tossed Salad/Coleslaw**  **Chips**  **Baked Potato**  **Flakemeal Biscuits & Fresh Fruit Chunks** |
| **WEEK 4**  **19th Sept**  **17th Oct**  **14th Nov**  **12th Dec**  **9th Jan**  **6th Feb** | **Spaghetti Bolognaise with Crusty Bread**  ***or* Tuna & Sweetcorn Wrap**  **½ Baked Potato with Cheese**  **Tossed Salad**  **Honey Dew Melon Wedges and Ginger Cookie** | **BUFFET:**  **Selection of Sandwiches**  **(Chicken/Cheese/Tuna)**  **Fish Bite**  **Pizza Fingers**  **Cocktail Sausages**  **Carrot Sticks**  **Fruit Muffin & Milkshake** | **Breast of Chicken Curry with Boiled Rice & Naan Bread, Garden Peas or**  **Savoury Mince**  **Garden Peas**  **Mashed Potato**  **Fruit Crumble & Custard** | **Roast Beef *or***  **Salmon Tails**  **Traditional Stuffing/Gravy**  **Cauliflower Cheese**  **Fresh Diced Carrots**  **Oven Dry Roast & Mashed Potato**  **Chocolate Brownie and Banana chunk** | **Breaded Chicken Bites *or* Chicken and Cheese Panini**  **Baked Beans**  **Chipped/Baked Potato**  **Tossed Salad/Coleslaw**  **Jelly, Ice Cream & Fresh Fruit** |



**St. Mary’s P.S. Glenview**

*Fruit*

***Menu choices will be subject to canteen deliveries.*** **

***If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form***

***Breads***

***Milk, Water***

***A Choice of Fresh Fruit & Yoghurt***

***Available Daily***