The Holy Spirit helps us to follow the Beatitudes

The Beatitudes are a gift given to all of us, not just long ago to Jesus’ friends. They are as Pope Francis says a ‘path to true happiness’… because the Beatitudes ‘outline the face of Jesus himself, his style of living.’

The Beatitudes were at the heart of Jesus’ teaching. We are called to live out the Beatitudes in our lives- Jesus is the perfect ‘role-model’ for us. He showed by example that each of us is called to know, love and serve God. The Beatitudes challenge us to separate ourselves from ‘worldly’ ideas of riches and contentment and to be concerned for others. The importance of Social Justice must be firmly rooted in our Christian Community. The Beatitudes awaken in the children, in all of us, a strong sense of social justice. If they look around them they should be able to find examples of how people are really living out the Beatitudes in their lives and how the Holy Spirit moves people to know, love and serve God’s people here on earth, thereby building up the Kingdom of God now. During this time of the Coronavirus we can see this very clearly in many different people and their service of love to others.

At a very simple level this is what the Beatitudes mean;

1. Being dependent on God
2. Caring for those who have difficulties
3. Being Gentle
4. Being Fair and Just
5. Showing forgiveness
6. Showing Respect
7. Being a peacemaker
8. Being Courageous